Synonym Challenge
You already know common words for feelings like happy, sad, and angry, but did you know there are lots of other words for these same emotions? Different words with the same meaning are called synonyms. For example, the words quick, fast, and swift are synonyms, just like the words happy, joyful, and glad are synonyms. They are all different words with the same meaning. Here are some more examples:

Listen and hear
Garbage and trash
Center and middle
Big and large
Rock and stone

Now that you know what synonyms are, take the synonym challenge and see if you can match words that have the same meaning. List A below contains 10 words for common feelings and emotions. First, see how many synonyms you can come up with for each word in the list. Second, see if you can match the words in List A with their synonyms in List B.

List A
Happy
Sad
Angry
Disappointed
Excited
Bored
Tired
Confident
Scared
Surprised

List B
Shocked
Joyful
Afraid
Sorry
Sure
Exhausted
Disinterested
Enthusiastic
Furious
Discouraged

Antonym Challenge
Now that you’ve matched synonyms, let’s explore antonyms. Words with *opposite* meanings are called antonyms. For example, the words top and bottom are antonyms, just as the words happy and sad are antonyms. Here are some more examples:

Add and subtract
Above and below
Sweet and sour
Start and stop
Rough and smooth

Can you think of antonyms for the words in List A? Try filling in the blanks below! If you get stuck, you can peek at some potential answers below, but try it first without looking!

The opposite of happy is ___.
The opposite of sad is ____.
The opposite of angry is ____.
The opposite of disappointed is ____.
The opposite of excited is ____.
The opposite of bored is ____.
The opposite of tired is ____.
The opposite of confident is ____.
The opposite of scared is ____.
The opposite of surprised is ____.

Keep in mind that there can be more than one antonym or synonym for a word. Here are some potential answers for the antonym challenge above:
sad, unhappy
happy, joyful
happy, calm
satisfied, pleased, excited
calm, unenthusiastic
excited, interested
active, energized
unsure, shy, quiet
confident, unafraid
aware, expectant