Role Playing Game
Below are some example scenarios you might experience in the future or may have experienced in the past. Read them and ask yourself, “What would I do in this situation?” Then, find a partner such as a family member, teacher, friend, or classmate and act out each scenario as a way to practice the responses you feel comfortable with—the things you would like to say or do in these situations or situations like them. The more you practice, the less nervous you will be if they happen to you in real life. If you are unsure what to do, we’ve given you some ideas for each situation.

Scenario #1: Someone Not Addressing You Directly
You are in the lunch line and the person behind the counter asks your friend what you’d like to eat.

What could you do?
- Answer the question for yourself.
- Politely say, “This is my lunch. Could you please ask me what I would like?”

Scenario #2: Finding Your Friends at Lunch
You are in the lunchroom, and you want to sit at a table with your friends, but you don’t know where they are sitting.

What could you do?
- Call their names so they can tell you where they are.
- Ask an adult or other student to look for your friends and tell or show you where they are.
- Ask your friends to sit at a certain table each day so you can find them more easily.

Scenario #3: Someone Grabbing You by the Arm
You are trying to walk to your classroom. You know exactly where you are going, but someone comes up to you, takes your arm, and says they will help you get where you’re going.

What could you do?
- Tell them you are fine, and ask them to please let go of your arm.
- Invite them to walk with you to show them that you know where you are going and how to get there on your own.
- If they still insist on walking you to your class, ask them to please let you take their arm; it is much more comfortable, and actually safer, to walk this way. And, as a bonus, you can still use your cane, if you have one, in your other hand so you still have some control of the situation.

Scenario #4: Feeling Left Out
Your friends are drawing pictures and laughing about them. You cannot see the pictures, and you want to understand what is so funny.
What could you do?
- Ask your friends to describe what they are drawing.
- Tell them that it hurts your feelings when you feel left out.
- Ask them how they would feel if you wrote something in braille and laughed about it and they couldn’t read it.

Scenario #5: Joining in the Fun
You really want to play a game at recess, but someone says, “You can’t play. You’re blind!”

What could you do?
- Tell them that you can play the game. Ask them to let you show them how you play.
- If it’s a game you haven’t played before, ask them to tell you the rules and figure out a way you can play.
- Ask another blind friend if they have ever played the game and how it’s played.
- Practice the game with friends or family and then come and start the game at recess and ask others to play with you.
- Ask your TVI and/or O&M instructor to brainstorm ways to adapt games or practice activities with you.

Scenario #6: Helping Others
You really want to help your mom with a chore, but you aren’t sure exactly what you need to do.

What could you do?
- Ask your mom to show you, or explain to you again, how to do the chore.
- Ask your TVI to show you how to do the chore so you can surprise your mom.

Scenario #7: Resolving Conflict
Your friend runs away from you on the playground to play with someone else. This makes you feel sad.

What could you do?
- Talk to your friend about how you feel.
- Figure out a way that maybe all of you could play together.
- Find another friend to play with instead.

Scenario #8: Asking Questions
You really want another piece of pizza, but you don’t know where the pizza is, or if there is another piece left.

What could you do?
- Ask someone to tell you where the pizza is, and whether there is another piece left.
• If they offer to get the pizza for you, you could say “yes, thank you” or you could say you would rather get the pizza yourself and then ask for some directions.

Scenario #9: Speaking Up for Yourself
You are in class and you can’t see the board, or your teacher has forgotten to give you a braille copy of a worksheet the class is using.

What could you do?
• Tell the teacher you can’t see.
• Ask to move.
• Ask for the worksheet.

Scenario #10: Taking Initiative
You are in a group of people you have never met before. You are sitting at a table all by yourself, and everyone else seems to be sitting at other tables around the room. You feel very shy, but you still do not want to sit by yourself.

What could you do?
• Get up and go to a table where you hear people talking. Ask if there is a seat at the table. Ask the people their names, or try to join in the conversation they are having.